

COMPLEAT® 1.1

DESCRIPTION

Compleat® 1.1 is a nutritionally complete 1.1 kcal/ml standard enteral tube feed, containing ingredients derived from food (16% of Compleat® 1.1 contains rehydrated chicken meat and rehydrated vegetables, orange juice from concentrate and peach puree) for adults and children aged 3 years and over. Compleat® 1.1 is a Food for Special Medical Purposes for use under medical supervision, for the dietary management of malnourished patients or those at risk of malnutrition.

PRESENTATION

1000ml SmartFlex® collapsible semi-rigid bottles, 9 x 1000ml per case.

INDICATIONS

Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; feeding intolerance; developmental disabilities, disease related malnutrition.

INGREDIENTS

Water, maltodextrin, rehydrated chicken meat (6.9%), rehydrated vegetables 5.95% (peas 5.2%, green beans 0.75%), milk protein, orange juice from concentrate (1.8%), peach puree (1.5%), vegetable oils (rapeseed, sunflower), fibres (pea fibre, arabic gum, fructo-oligosaccharide, inulin), medium chain triglycerides (MCT) oil, minerals (sodium citrate, potassium phosphate, potassium citrate, calcium lactate, sodium chloride, calcium phosphate, calcium chloride, potassium chloride, magnesium oxide, magnesium citrate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, chromium chloride, sodium molybdate, potassium iodide, sodium selenite), emulsifiers (E471, E472c), fish oil, vitamins (C, E, niacin, pantothenic acid, B₆, thiamin, riboflavin, beta-carotene, A, folic acid, K, biotin, D, B₁₂), choline bitartrate, stabiliser (E407), antioxidant (E304).

ADMINISTRATION AND DOSAGE

1500-2000ml for complete nutrition, or >500ml for partial nutrition, or as directed by a healthcare professional. Nutritionally complete except for Potassium and Chloride. Where appropriate, amount, timing and/or frequency of administration must be given as directed by a dietitian or healthcare professional. For administration via enteral feeding tube. Shake well before use. In order to maintain a constant flow, the use of a pump is recommended.

SHELF LIFE AND STORAGE

Shelf life is 12 months from date of manufacture. Store unopened in a cool, dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

CONTRAINDICATIONS

Not suitable for those with an allergy to fish or cows' milk protein, and/or galactosaemia. Must be used under medical supervision. Unsuitable for patients requiring a fibre-free diet.

PRECAUTIONS

Compleat® 1.1 must be used under medical supervision. Suitable for adults. For enteral use only. Do not mix food or medication with feed.

NUTRITION INFORMATION

Typical values	Per 100ml	Per 1000ml
General		
Energy kJ/kcal	461/110	4610/1100
Fat (30% kcal) g	3.7	37
of which saturates g	1.6	16
of which MCT g	0.7	7.0
of which monounsaturates g	1.4	14
of which polyunsaturates g	0.7	7.0
Omega-3	0.13	1.3
Carbohydrate (51% kcal) g	14	140
of which sugars g	1.4	14
of which lactose g	<0.05	
Fibre (3% kcal) g	1.4	14
soluble g	0.7	7.0
insoluble g	0.7	7.0
Protein (16% kcal) g	4.4	44
Salt g	0.25	2.5
Vitamins		
A µg (RE)	130	1300
D µg	1.6	16
E mg	2.0	20
K µg	8.5	85
C mg	11	110
Thiamin (B1) mg	0.16	1.6
Riboflavin (B2) mg	0.19	1.9
Niacin mg/mg NE	1.4/2.2	14/22
B6 mg	0.2	2.0
Folic acid µg	31	310
B12 µg	0.37	3.7
Biotin µg	5.5	55
Pantothenic acid mg	0.8	8.0
Minerals		
Sodium mg/mmol	100/4.4	1000/44
Potassium mg/mmol	130/3.3	1300/33
Chloride mg/mmol	85/2.4	850/24
Calcium mg/mmol	80/2.0	800/20
Phosphorus mg/ Phosphate mmol	70/3.3	700/33
Magnesium mg/mmol	18/0.74	180/7.4
Iron mg	1.5	15
Zinc mg	1.2	12
Copper mg	0.19	1.9
Manganese mg	0.29	2.9
Fluoride mg	0.15	1.5
Selenium µg	8.2	82
Chromium µg	11	110
Molybdenum µg	14	140
Iodine µg	17	170
Other Nutrients		
Choline mg	42	420

Water content: 84 g/100ml
Osmolarity: 315 mOsm/l
Osmolality: 380 mOsm/kg

NE= Niacin Equivalent
MCT = Medium Chain Triglycerides
RE= Retinol Equivalents



Suitable for Adults



Gluten Free



Halal



Unsuitable for Cows' Milk Protein Allergy

