

Changing to a bigger 215g tin from February 2025

Same Formulation. Same Scoop Size.



3Xs winner
'Favourite Thickened Drink'
during the IDDSI festivals
2022, 2023 & 2024*

حلال
Halal
Certified

כשר
Kosher
Certified

More Scoops Per Tin Means Fewer Tins Per Prescription

Resource® ThickenUp® Clear tin size is updating on the GP prescribing systems from February 2025. The 127g tin will be discontinued and replaced with a 215g tin, which will have a new PIP code.

Old Case Amount	Old PIP code	127g Tin Price	NEW Case Amount	NEW PIP code	215g Tin Price
Resource® ThickenUp® Clear 12 x 127g	355-4433	£9.02	Resource® ThickenUp® Clear 6 x 215g	433-7291	£15.27



To request your **FREE** sample please scan the QR code.
www.nhscsampleservice.co.uk

For more information visit www.nestlehealthscience.co.uk/brands/RTUC or call our customer care line on **00800 6887 4846**

*Three times voted "Favourite Thickened Drink" during the one-day IDDSI Festival at Sheffield in 2022, Derby in 2023 and Middlesex in 2024 based on thickened IDDSI level 2 non-alcoholic mocktail prepared. Each event was attended by approximately 200 healthcare professionals including care home managers, speech and language therapists and dietitians. †Price per scoop remains at £0.085. Resource® ThickenUp® Clear is a Food for Special Medical Purposes for the dietary management of patients with dysphagia (swallowing difficulties) and must be used under medical supervision. ®Reg. Trademark of Société des Produits Nestlé S.A. NHSc213ac December 2024

Resource® ThickenUp® Clear (215g)

Prescribing guide† for new 215g Tin.

†To be used as a general guide, for Resource® ThickenUp® Clear only. Based on the recommended usage of Resource® ThickenUp® Clear. **Same scoop size, Same product, New tin size.**

Resource® ThickenUp® Clear is a transparent and tasteless, instant food and drink thickener, designed to support the hydration of patients with dysphagia (swallowing difficulties).



1 DAY	LEVEL 1 SLIGHTLY THICK		LEVEL 2 MILDLY THICK		LEVEL 3 MODERATELY THICK		LEVEL 4* EXTREMELY THICK	
	Scoops	g	Scoops	g	Scoops	g	Scoops	g
ml								
200	1	1.2	2	2.4	4	4.8	6	7.2
600	3	3.6	6	7.2	12	14.4	18	21.6
1000	5	6	10	12	20	24	30	36
2000	10	12	20	24	40	48	60	72

7 DAYS	LEVEL 1 SLIGHTLY THICK		LEVEL 2 MILDLY THICK		LEVEL 3 MODERATELY THICK		LEVEL 4* EXTREMELY THICK	
	NEW Tins‡	Scoops	NEW Tins‡	Scoops	NEW Tins‡	Scoops	NEW Tins‡	Scoops
ml								
200	1	7	1	14	1	28	1	42
600	1	21	1	42	1	84	1	126
1000	1	35	1	70	1	140	2	210
2000	1	70	1	140	2	280	3	420

28 DAYS	LEVEL 1 SLIGHTLY THICK		LEVEL 2 MILDLY THICK		LEVEL 3 MODERATELY THICK		LEVEL 4* EXTREMELY THICK	
	NEW Tins‡	NEW Tins‡	NEW Tins‡	NEW Tins‡	NEW Tins‡	NEW Tins‡	NEW Tins‡	NEW Tins‡
ml								
200	1	1	1	1	1	1	1	1
600	1	1	1	1	2	2	3	3
1000	1	1	2	2	4	4	5	5
2000	2	2	4	4	7	7	10	10

1 scoop = 1.2g. For food, add Resource® ThickenUp® Clear as needed to achieve the appropriate consistency. *For level 4 extremely thick liquids, evaluated IDDSI compliant based on spoon tilt test. It is the responsibility of the person administering Resource® ThickenUp® Clear to ensure that the liquid or food is mixed to the appropriate consistency. ‡ New 215g Resource® ThickenUp® Clear tin.

The tables above help determine the amount of Resource® ThickenUp® Clear required to thicken drinks for a patient during a given period. Fluid intake and individual patients' consistency requirements should be determined by a healthcare professional. It is essential that recommended consistency requirements are followed.