

DESCRIPTION

Compleat® 1.5 HP is a nutritionally complete 1.5 kcal/ml standard enteral tube feed with fibre and ingredients derived from food (19% of Compleat® 1.5 HP contains rehydrated chicken meat and rehydrated vegetables, orange juice from concentrate and peach puree). It is suitable for adults. Compleat® 1.5 HP is a Food for Special Medical Purposes for use under medical supervision, for the dietary management of malnourished patients or those at risk of malnutrition.

PRESENTATION

500 ml SmartFlex® collapsible semi-rigid bottles, 12 x 500 ml per case.

INDICATIONS

Short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; feeding intolerance; developmental disabilities, disease related malnutrition.

INGREDIENTS

Water, maltodextrin, rehydrated chicken meat 13%, milk protein, vegetable oils (rapeseed oil, soybean oil), peach puree 2.2%, orange juice from concentrate 1.8%, fibres (gluten-free oat fibre, fructo-oligosaccharide, acacia gum, inulin), medium chain triglycerides (MCT) oil, rehydrated vegetables 2.1% (green beans 2%, peas 0.1%), minerals (sodium citrate, potassium citrate, calcium lactate, potassium phosphate, magnesium citrate, calcium phosphate, calcium chloride, sodium chloride, potassium chloride, magnesium oxide, ferrous lactate, zinc sulphate, ferric phosphate, copper gluconate, manganese sulphate, chromium chloride, sodium molybdate, sodium fluoride, potassium iodide, sodium selenite), emulsifiers (E471, E412c), choline bitartrate, fish oil, acidity regulator (E330), vitamins (C, E, niacin, pantothenic acid, folic acid, B₆, thiamin, riboflavin, A, K, biotin, D, B₁₂), antioxidant (E304).

ADMINISTRATION AND DOSAGE

1000 ml (1500 kcal) for complete nutrition, or ≥500 ml for partial nutrition, or as directed by a healthcare professional. Nutritionally complete except for Sodium, Potassium and Chloride. Where appropriate, amount, timing and/or frequency of administration must be given as directed by a dietitian or healthcare professional. For administration via enteral feeding tube. Shake well before use. To maintain a constant flow, the use of a pump is recommended.

SHELF LIFE AND STORAGE

Shelf life is 12 months from date of manufacture. Store unopened in a cool, dry place. Once spiked use within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

CONTRAINDICATIONS

Not suitable for those with an allergy to fish or cows' milk protein, and/or galactosaemia. Must be used under medical supervision. Unsuitable for patients requiring a fibre-free diet.

PRECAUTIONS

Compleat® 1.5 HP must be used under medical supervision. Suitable for adults. For enteral use only. Do not mix food or medication with feed.



Suitable for Adults



Gluten Free



Halal



Unsuitable for Cows' Milk Protein Allergy



NUTRITION INFORMATION

Typical values	Per 100ml	Per 500ml
General		
Energy kJ/kcal	626 / 150	3128 / 750
Fat (44% kcal) g	7.3	37
of which saturates g	2.9	14
of which MCT g	1.5	7.5
of which monounsaturates g	1.2	6.0
of which polyunsaturates g	1.0	5.0
Omega 3 fatty acids mg	195	975
Docosahexaenoic acid (DHA) mg	10	50
Eicosapentaenoic acid (EPA) mg	15	75
Omega 6 mg	840	4200
Carbohydrate (34% kcal) g	12.7	64
of which sugars g	1.4	7.0
of which lactose g	≤0.10	
Fibre (2% kcal) g	1.5	7.5
Protein (20% kcal) g	7.5	37.5
Salt g	0.32	1.6
Vitamins		
A (RE) µg	150	750
D µg	2.5	12
E mg	2.5	12
K µg	13	65
C mg	13	65
Thiamin mg	0.30	1.5
Riboflavin mg	0.28	1.4
Niacin mg / mg NE	2.2 / 3.3	11 / 16
B6 mg	0.38	1.9
Folic acid µg	60	300
B12 µg	0.69	3.4
Biotin µg	8.5	42
Pantothenic acid mg	0.90	4.5
Minerals		
Sodium mg / mmol	130 / 5.6	650 / 28
Potassium mg / mmol	180 / 4.6	900 / 23
Chloride mg / mmol	100 / 2.8	500 / 14
Calcium mg / mmol	110 / 2.75	550 / 13.75
Phosphorus mg	90	450
Phosphate mmol	2.9	14
Magnesium mg / mmol	29 / 1.2	145 / 3.0
Iron mg	1.6	8.0
Zinc mg	1.3	6.6
Copper mg	0.16	0.80
Manganese mg	0.37	1.8
Fluoride mg	0.075	0.38
Selenium µg	12	60
Chromium µg	9.0	45
Molybdenum µg	11	55
Iodine µg	16	80
Other Nutrients		
Choline mg	48	240
Water content g	78	

Osmolarity: 390 mOsm/l
Osmolality: 500 mOsm/kg

NE = Niacin Equivalent
RE = Retinol Equivalent
MCT = Medium Chain Triglycerides