



ACBS  GMS  PBS

### **Description**

#### **Food for special medical purposes**

K.Vita is a thickened liquid containing a specific blend of medium chain triglycerides (MCT), for the dietary management of drug resistant epilepsy.

### **Indications**

K.Vita is for the dietary management of drug resistant epilepsy for use in adults and in children from 3 years of age.

### **Recommended Intake and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

### **Preparation guidelines**

Shake well before use.

Best served at room temperature.

### **IMPORTANT NOTICE**

Use under medical supervision.

Suitable from 3 years of age.

Not suitable for use as a sole source of nutrition.

Not suitable for use during pregnancy and lactation.

Not suitable for individuals who cannot metabolise the medium chain fatty acids (C8 and /or C10 fatty acids) – for example those with medium chain acyl-CoA dehydrogenase deficiency (MCADD), multiple acyl-CoA dehydrogenase deficiency (MADD) or carnitine cycle defects.

For enteral use only.

### **Important Feeding Information**

Use as directed by the clinician or dietitian.

- Introduce K.Vita slowly and in measured amounts.
- Always take with food.
- Take regularly throughout the day preferably at meal times.
- Consume as part of your usual diet but avoid foods and beverages high in sugar.
- Suitable for tube feeding.

Nutritional Information		Per 100ml	Per 120ml pouch
Energy	kJ	1265	1526
	kcal	308	371
Fat	g	34	41
	of which saturates	g	37
Medium Chain Triglycerides (MCT)	g	33.5	40
Caprylic Acid (C8:0)	g	6.2	7.4
Capric Acid (C10:0)	g	24.5	29.4
Carbohydrate	g	0.42	0.50
of which sugars	g	0	0
Protein	g	0	0
Salt	g	0.11	0.13
Sodium	mg	46	55
	mmol	2.0	2.4
Chloride	mg	56	67
	mmol	1.6	1.9
<b>Osmolality</b> : 115 mOsm/kg			

**Ingredients**

Water, Medium Chain Triglyceride (MCT) Oil, Emulsifiers (E472c, E471), Thickener (E415), Flavourings, Sodium Chloride, Colour (E120), Acidity Regulator (E296), Sweetener (Sucralose).

**Pack Size/Weight**

30 x 120ml e (3.6L)

**Flavour**

Strawberry.

**Storage**

Unopened: Store in a cool, dry place.  
Once opened: Recap unused portion, refrigerate and use within 48 hours or within 6 hours at room temperature.  
Packaged in a protective atmosphere.



**Vitaflo**<sup>TM</sup>

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